

Sam Paonessa

WORKSHOP MATERIALS LIST

Basic palette of Artist quality Acrylics or Oils

(* Note- please don't worry if you don't have exact colours)

- Cad. Yellow Light or Hansa Yellow
- Yellow Ochre
- Cadmium Red Medium or Cad. Red Deep
- Ultramarine Blue
- Cerulean Blue or Brilliant Blue or Phthalo Blue
- Burnt Umber
- Dioxazine Purple
- Burnt Sienna or Transparent Red Oxide
- Cadmium Orange or other yellow orange
- Sap Green
- Phthalo Green or Viridian
- Paynes Gray or Ivory Black or both
- Titanium White

Mediums: For Acrylic and Oil Painters (Golden or Liquitex are quality brands that I use)

*Oil paint can be used over top of these products once they are dry!

Gesso- small tub (Liquitex or Golden or whatever you may already have)

*Matte Medium (Fluid)

FOR OIL PAINTERS – GAMBLIN non toxic Safflower Gel Medium in a tube

-Galkyd Medium (Fast Drying Medium) By Gamblin

*Vegetable Oil is a non toxic alternative for cleaning brushes

- Odourless Solvent (for clean up and thinning paint)

Disposable Palette 9 X 12 or larger

Brushes and Other Tools (Synthetic and/or natural hair brushes):

- Round #8, # 10 (Synthetic or red sable)
- Pointed round #3 or #4 (the better the quality the better the result)
- Sable are excellent but get what is affordable. Rigger brushes are not suggested for oil or acrylic
- Filberts 3,4,8,10 (Even Larger if budget allows) Depends on size of work relative to brush
- Flats- #3,#6 , # 8 # 12 (Soft hair/synthetic)
- 1 – 2 inch wide house painting brush (or even wider for applying tints)

Shapers -Princeton Catalyst White Silicone Mini-blade #4

- I recommend this angled head which is most useful
- I also use a hand held shaper No. 6
- Palette Knife – Diamond or Arrowhead Shape -Handy to have a 2 or 3 different size large, medium and small

(Brayer -2 or 4 inch width ((can be found in printmaking area))(Speedball is a good brand)

Surfaces:

- Canvas, Birch or Masonite Panels (Good to try various surfaces)

12 X 16, 14 X 18 or what you have

You may work larger if you are a more experienced painter

To be better prepared pre tint your surfaces with any desired colours (try 2 or 3 combinations ,warm and cool, plus gesso to create some texture. Apply with brush, palette knife or brayer.

Other:

- Sketch Book 9 X 12 or similar size HB, Bs(sketching pencils)eraser,sharpener
- For drawing using acrylic- Watercolour Pencils – Ultramarine Blue, Grey and Raw Umber
- Willow charcoal if drawing for oils
- Apron
- Water container or closed container for odourless solvent or medium
- Green painters tape
- Nitrile or Latex gloves if desired
- Soap (Or Baby Oil for oil painters) for cleaning brushes
- Murphy's Oil Soap also good for clean up

